

52nd NATIONAL SAFETY WEEK CELEBRATION

March 7th 2023 – Work with a safe attitude

“You cannot control what happens to you, but you can control your attitude toward what happens to you, and in that, you will be mastering change rather than allowing it to master you.”

~ Brian Tracy



Employee tendency to react favorably or unfavorably to a safety aim, idea, plan, method, prevention, or condition is referred to as a Employees's attitude towards workplace safety.

Employee behavior decisions and reactions to challenges, incentives, and rewards at work are influenced by safety attitudes.

Good workplace safety attitudes are crucial for a safe working environment that guarantees higher productivity, highest quality, saves on accident costs, boosts employee morale, increases business profit, and fosters goodwill.

The following elements make up attitudes towards workplace safety:

- Feelings or emotions that are influenced by mental states.
- Opinions or beliefs that are based on one's own faith.
- A tendency for action that is motivated by opinions.
- Action-driven positive or negative responses to stimuli.

Positive workplace safety attitudes aim to:

- Safeguarding assets and personnel
- Avoid any kind of mishaps or near misses.
- Be ready for crises.
- Boost productivity and morale

Attitudes that promote workplace safety include being attentive, eager, aware, careful, task-focused, team-oriented, and serious.

Employee attitude is a crucial safety factor that is frequently disregarded. A poor safety attitude can hinder work performance and raise the possibility of injury. The importance of safety measures and equipment will be reinforced by maintaining a positive attitude.

The following behaviors are indicative of poor workplace safety attitudes: emotional outbursts, exhaustion, risk-taking, carelessness, and selfishness.

Common Negative Attitudes to Avoid:

- 1) **Carelessness:** Accidents at work are most frequently caused by careless behaviour, which is also one of the most avoidable. Never take shortcuts; instead, give each task your whole attention.
- 2) **Complacency:** When a task is accomplished repeatedly without incident, complacency sets in and you stop giving it your entire focus. No matter how frequently an activity is performed, it is crucial to always give it your complete attention and to be aware of any potential hazards.
- 3) **Distraction:** Working while being distracted is dangerous and frequently results in poor quality.
- 4) **Fatigue:** Fatigue can lead to complacency, carelessness, and slower reaction times, which could result in harm to you or to other people.
- 5) **Strong Emotions:** Strong emotions can lead to irresponsibility and distraction, which can affect your positive attitude towards work and safety. Although this is sometimes impossible to avoid, it is preferable to take the time to calm yourself down than to be unsafe.
- 6) **Recklessness:** It can be reckless and harmful to take risks at work when your safety or the safety of others is at risk. Before starting, make sure you understand how to use the equipment safely and how to finish each work. In order to avoid harm and risky actions, make sure to inquire instead of acting rashly.

Safe work attitude tips:

- Don't relax your thinking about safety
- No "No hands" approach
- Never surrender to complacency (Every task is a new task)
- Am I doing worth my life
- Stay focused & follow proper procedure
- Day at work is free of injury
- Don't be afraid to ask question